

Mediana Score

80

Weight Control

Obesity Degree (%)	104.0
Desirable Weight (kg)	67.2
Weight Control (kg)	-2.8
Fat Control (kg)	-2.8
Muscle Control (kg)	0.0

Abdominal Obesity Analysis

Waist Circumference (64.0 ~ 96.0cm)	77.2
Abdominal Fat Ratio (0.80 ~ 0.90)	0.83
Visceral Fat Area (0.0 ~ 100.0cm ²)	46.4
Subcutaneous Fat Area (0.0 ~ 200.0cm ²)	77.6
VSR (0.0 ~ 0.4)	0.59
WHR (0.00 ~ 0.50)	0.44

Reference

FMI (2.78 ~ 3.75kg/m ²)	4.18
FFMI (15.72 ~ 21.25kg/m ²)	18.68
SMI (6.60 ~ 8.91kg/m ²)	8.21
Body Cell Mass (25.5 ~ 28.7kg)	37.5

Whole Body Phase Angle

50kHz	6.5 °
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Impedance

kHz	LA	RA	TR	LL	RL
1	365.2	365.3	29.9	280.1	290.6
5	321.4	321.5	27.4	246.4	257.5
50	280.7	282.8	22.4	218.3	227.7
100	272.3	272.7	20.5	208.7	209.1
250	268.6	268.8	18.9	202.6	203.2
500	249.8	249.9	17.6	188.4	188.6

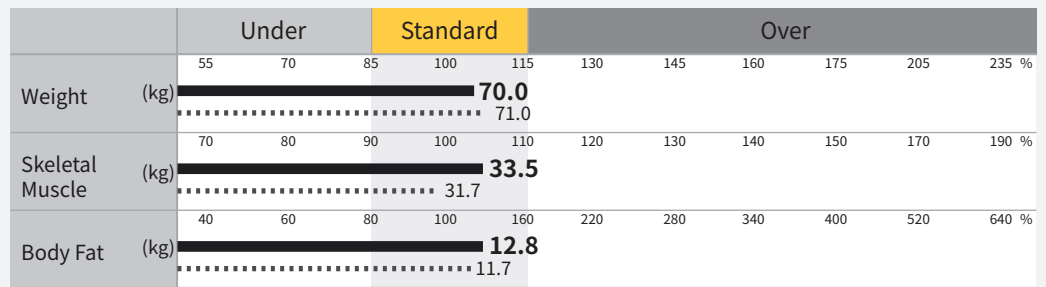


QR code reading allows you to manage your body composition measurement results with your smartphone

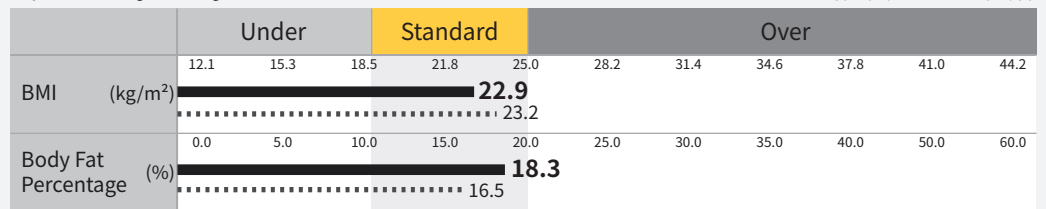
Body Composition Analysis

	Extracellular Water (L)	Intracellular Water (L)	Protein (kg)	Mineral (kg)	Body Fat (kg)
Values (Standard)	16.0 (14.9 - 16.8)	26.1 (24.4 - 27.4)	11.4 (10.6 - 11.9)	3.73 (3.77 - 4.24)	12.8 (6.7 - 13.4)
Total Body Water (L)	42.1 (39.4 - 44.3)		54.1 (50.3 - 57.4)	Osseous : 3.10 (3.13 - 3.52)	
Muscle Mass (kg)	Skeletal Muscle : 33.5 (28.8 - 35.2)				
Fat Free Mass (kg)	57.2 (53.9 - 60.6)				
Weight (kg)					70.0 (56.7 - 76.6)

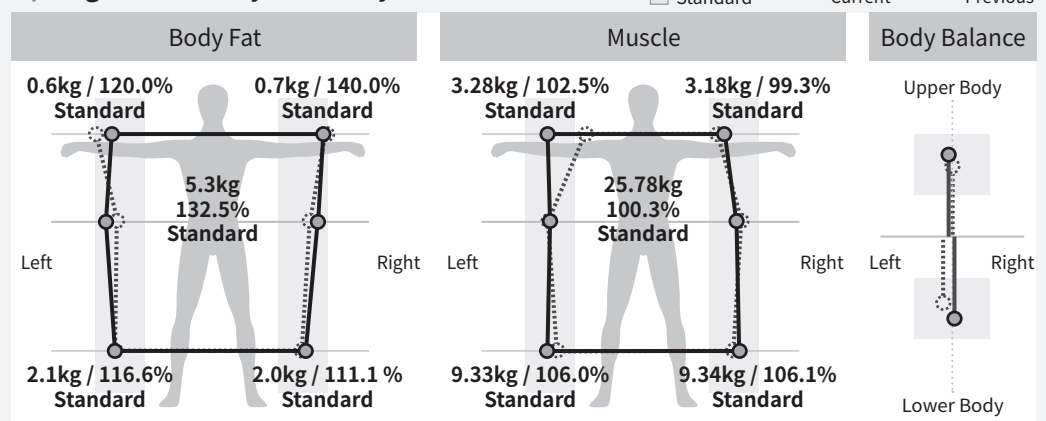
Skeletal Muscle & Fat Analysis



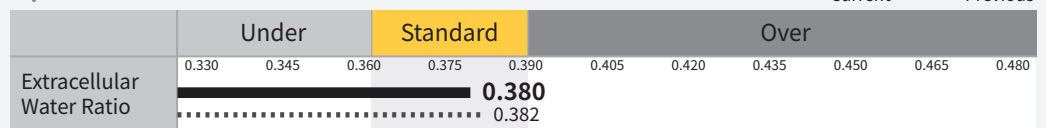
Obesity Analysis



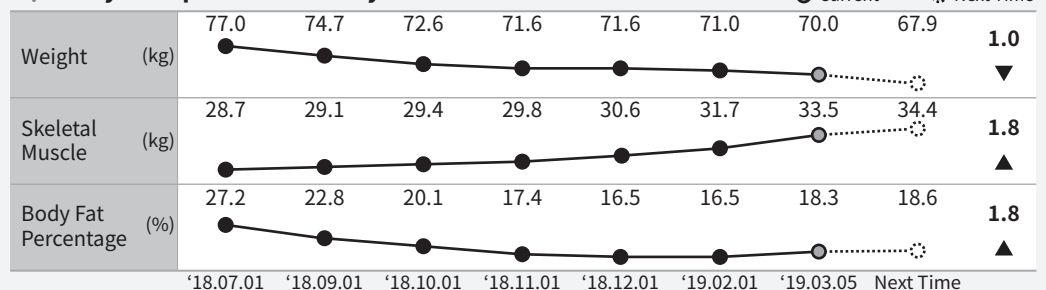
Segmental Analysis & Body Balance



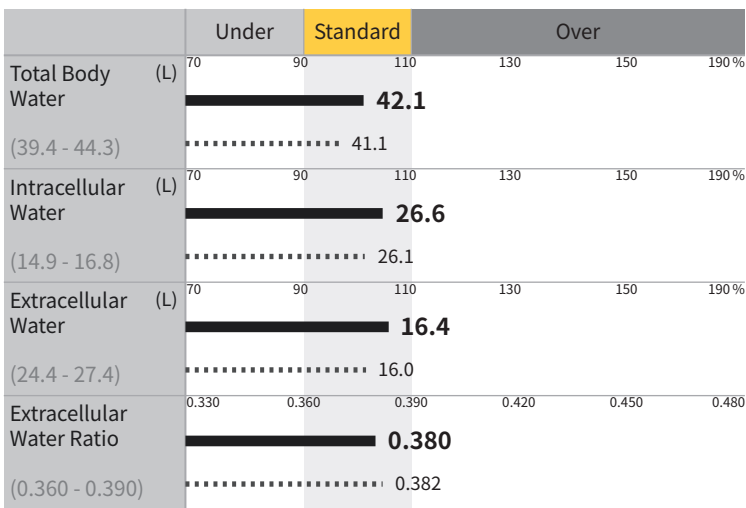
Extracellular Water Ratio



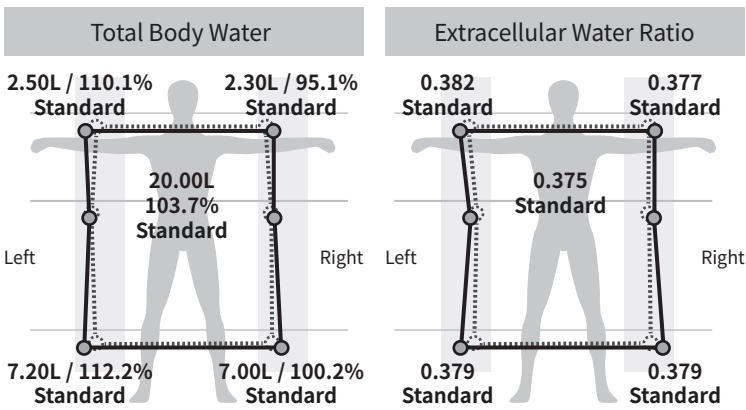
Body Composition History



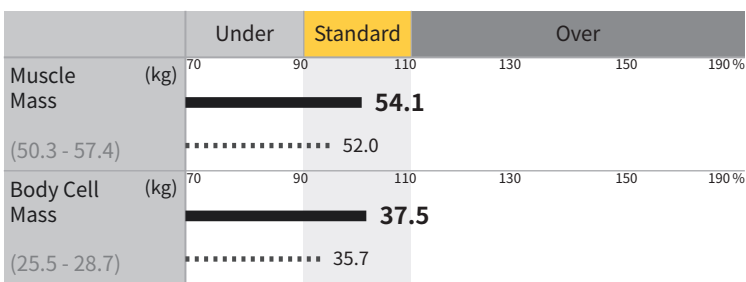
Body Water Analysis



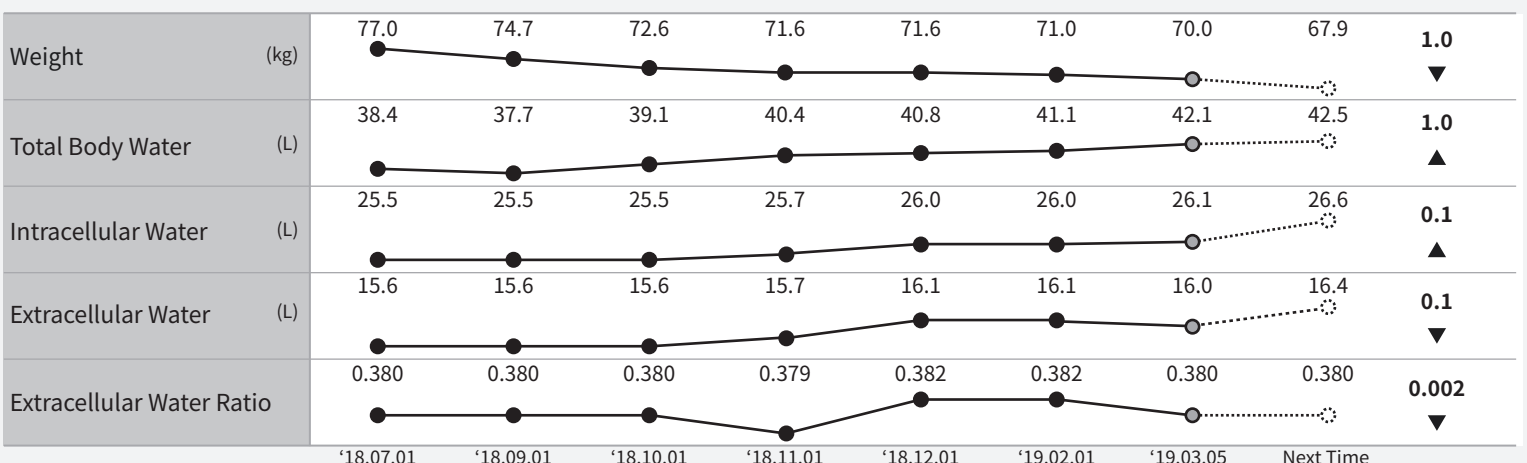
Segmental Body Water Analysis



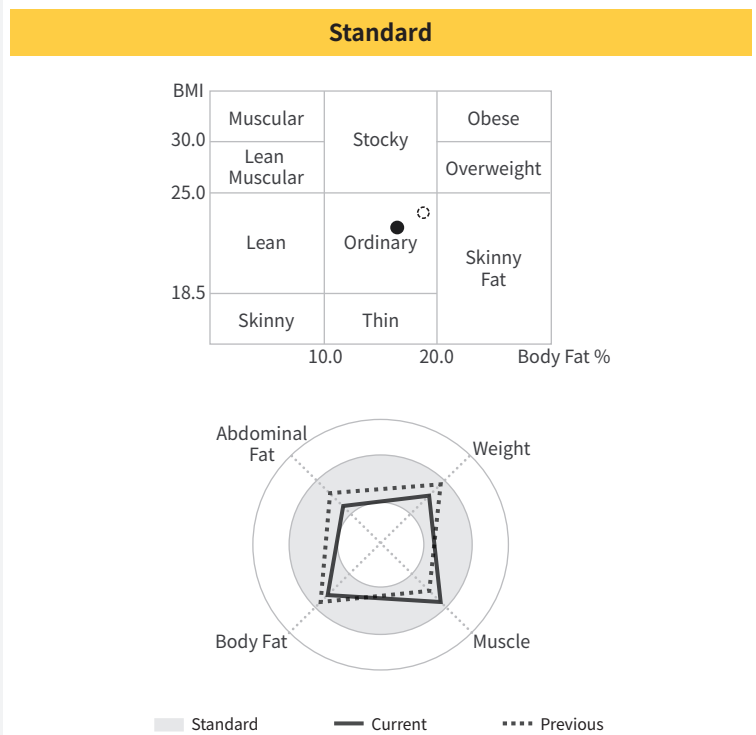
Muscle & Body Cell Mass Analysis



Body Water History



Body Type Analysis



Body Circumference

	Left upper arm	Right upper arm	Waist	Left thigh	Right thigh
(cm)	30.1	30.8	77.2	48.8	48.3

Intake & Consumed Calories

*Based on Jogging(1hour/day)

BMR	1,605	(kcal)
Total Energy Expenditure	2,434	(kcal)
Target Body Fat Mass	10.1	(kg)
*Exercise Intensity	133~161	(HR/min.)
*Calorie Consumption	490	(kcal/h)
*Estimated Completion	10	(Week)